

Health Policies & Practices

The GNAG Odyssey Tykes Health Policies and Practices are designed to promote and ensure quality health for all children and staff. Despite our best efforts, illness does occur on occasion, and we ask that families assist us in taking the necessary precautions to help reduce the risks of illness or disease spreading throughout the program.

Parent Responsibilities

In the event of illness, we ask that all parents and/or guardians take the following measures;

- 1) Please notify the Glebe Neighbourhood Activities Group if your child will be absent due to illness. This can be done by telephone at 613-233-8713 or via e-mail at info@gnag.ca.
- 2) In the event of illness, we ask that parents arrange, in advance, alternate care for their child for the duration of the illness.
- 3) If, in the morning prior to arrival at the program, a child appears ill with fever, vomiting, diarrhea, unknown rash or infection, we ask that parents and/or guardians keep their child at home. Tykes staff will not accept children with illness into the program.
- 4) If a child becomes ill while in the Tykes program, a staff member will telephone the parent, or in the event that they are unable to reach the parent, the emergency contact to arrange for immediate pick-up.
- 5) It is the responsibility of the parent and/or guardian to inform the program supervisor of any changes to their emergency contact info.

Fever, Vomiting, Diarrhea

Diarrhea is defined by two consecutive liquid bowel movements. In the event that a child in the program has diarrhea during the program, the parent and/or emergency contact will be contacted by program staff to pick-up the child immediately. Likewise, if a child vomits during the program, staff will also contact the parent and/or emergency contact to pick up the child immediately.

A fever is defined as a body temperature above 38°C or 100.4°F. In the event that a child develops a fever during the program, the parent and/or emergency contact will be contacted by program staff to pick up the child immediately.

In the event of a fever, a child may return to the program when they are symptom free for 24 hours and are not on any fever reducing medication. In the event of vomiting or diarrhea, a child may return to the program when they are symptom and medication free for 48 hours. In the case of vomit, symptom free means the child has successfully kept food down, while in the case of diarrhea, the child has had a formed bowel movement.

Other Illness

Should a child develop a potentially contagious condition (eye infection, unknown rash, etc.), they must see a doctor before they can be re-admitted to the program. A child may return to the program with a doctor's note stating that the symptoms are no longer contagious and/or if the child has been symptom free for at least 24 hours.

If a child requires the constant attention of a staff member throughout the day or are unable to participate in group or outdoor activities, they should remain at home until they are well enough to participate in the program.

Additional Info

In the event of illness or a potentially contagious condition, re-admittance is determined by the following factors;

- 1) The provision of a doctor's note stating that the child is free of symptoms and may return to group care.
- 2) The child is symptom free or has been taking a prescribed medication for a minimum of 24 hours.
- 3) The child is able to participate in group activities and outdoor play, as determined by the program staff.

Important

Children who have been ill and are on prescribed medication must have been taking the medication for a **minimum of 24 hours** before they can return to the program. This is to ensure that the medication has taken effect, and that there are no unexpected reactions or side-effects.

Policy Reviewed: June 21, 2023 – Jason Irvine, Program Coordinator

