

GNAG

Drop-off: Glebe CC
@ Main Entrance

Acro Intensive Gr. 5-8

July 18 - 22

9am - 4pm

*schedule is subject to change

Monday



Fundamentals

Learn the basics of acrobatics, play fun dance games and spend some time outside!

Tuesday



Out-Trip to the Beach

Learn to tumble in the sand!
*Please arrive wearing your bathing suit!

Wednesday



Flexibility Day

Enjoy a flexibility workshop and begin an acro dance for the friday show!

Thursday



Balance Workshop

Test your balance skills and continue working on our dance for the show!

Friday



Show Day!

Join us in the Main Hall @ 3:30pm for a spectacular acro show!

Glebe Community Centre

175 Third Ave

(613) 233-8713 info@gnag.ca GNAG.ca

Remember to bring 2 nut-free snacks and lunch, 2 masks, a water bottle, sunscreen, a hair tie, and comfortable dance clothing everyday.

Before Arriving to Camp on the First Day:

Please read the Parent Handbook and Welcome Letter to ensure your child is ready for camp

Discuss program guidelines with staff over the phone (we will call you). This must occur prior to your child attending camp.