

Anaphylactic Policy

Anaphylaxis is a serious allergic reaction that can be life threatening. It requires avoidance strategies and immediate response in the event of an emergency. These policies and procedures are intended to help meet the needs and save the lives of children with severe allergies and provide relevant and important information on anaphylaxis to parents, staff, students, volunteers and visitors at the child care centre.

This policy is intended to fulfill the obligations set out under Ontario Regulation 137/15 for an anaphylactic policy for childcare centres. The requirements set out in this policy align with [Sabrina's Law, 2005](#)

Policy

GNAG makes every effort to reduce the risk of exposure to anaphylactic causative agents. All Q4 staff are certified in First Aid and CPR

Parents are responsible for informing GNAG Kinders Q4 staff of all allergies and food sensitivities that your child has by writing those down during registration. Parents of children with life threatening or anaphylactic allergies must fill GNAG's Life Threatening Allergy Form with an attached photo.

If your child carries an EPIPEN or similar device, they must have 2 with them at all times, 1 on their person (in a device they wear on their body - fanny bag) and 1 left on site in the GNAG office for the duration of the school year. Epi-pens may not be kept in a participant's backpack.

At GNAG, we understand there may be participants who attend our programs with potentially life-threatening allergies. GNAG's anaphylactic policy is designed to ensure that children who are at risk of a life-threatening allergy are identified. We have strategies in place to reduce the risk of exposure to anaphylactic causative agents which includes:

- Individualized plans are developed for each child with an anaphylactic allergy
- Storage and communication
- Staff training on procedures in the event of an allergic reaction is disseminated.

Identification of Children with Life-Threatening Allergies and individualized plan

Upon registration, parents are asked about medical conditions, including whether children are at risk of anaphylaxis and asthma. All staff, students and volunteers must be aware of the conditions of these children.

- Inform the Q4 Supervisor of their child's allergy (and asthma).
- Before the child attends the program, a parent must complete a medical form and the Anaphylaxis Information forms which includes a photograph, description of the child's allergy, emergency procedure, contact information, and consent to administer medication.

- The Anaphylaxis Information Plan will then be posted in key areas.
- Ensure that updated medications are provided to the GNAG staff before existing medications reach their expiry date.
- Advise GNAG staff in writing if their child has outgrown an allergy or no longer requires an epinephrine auto-injector (Epi-pen).

Storage of Epi-pens, Communication and emergency protocol

- If your child carries an EPIPEN or a similar device, they must have 2 with them at all times, 1 on their person (in a device they wear on their body - fanny bag) and 1 left accessible to staff in the classroom for the duration of the school year. Epi-pens may not be kept in a participants backpack.
- The parent must fill out an Individual Life Threatening Allergy form which will be posted in the classroom.
- The parent handbook outlines the anaphylactic policy.
- Emergency procedures follow the instructions on the Individual **Life Threatening Allergy Information** Plan for the child in question.

What to do in the event of an emergency:

1. One adult stays with the child at all times.
2. One adult goes for help or calls for help.
3. Before administering Epi-pen check for;
 - the right medication,
 - the right child,
 - the right dose,
 - the right route of administration
 - Administer epinephrine according to the instructions of the Individual's Life Threatening Allergy Plan. Note time of administration.
4. Call 911. Have the child transported to an emergency room even if symptoms have subsided. Symptoms may recur hours after exposure to an allergen. Bring second backup Epi-pen to the hospital
5. Contact the child's parents.
6. One calm and familiar adult must stay with the child until a parent or guardian arrives.

Training

- All GNAG staff have up to date certification in Standard First Aid and CPR (level C).
- All staff and volunteers will attend staff training that will review emergency procedures to include how to administer an Epi-pen.
- When a child with an anaphylactic allergy is enrolled in a GNAG program, the Q4 supervisor

will arrange to meet with the parent to discuss the child's Individual Life Threatening Allergies form which includes monitoring and avoidance strategies for the child, signs and symptoms of an anaphylactic reaction, and the emergency procedures to be followed in the event of an anaphylactic reaction. It will also include a demonstration of the administration of epinephrine for the child.

Creating an Allergy-Safe Environment

Special care is to be taken to avoid exposure to allergy-causing substances.

We kindly ask that parents not to send children to the program with nut or sesame seed products. Any such products discovered will be removed from the child's possession and returned to the parent upon pick-up.

No nuts or sesame seeds will be used in the snack preparation. Substitute ingredients will also be used for children with alternative food allergies and restrictions. Sanitary practices for all equipment, food preparation areas, as well as toys or other materials will be upheld.

No food will be served where its ingredients are not known, nor will items with 'may contain' warnings on the label be served to a child who has an individualized plan and emergency procedures specifying those allergens. We will also maintain appropriate supervision of children to ensure food brought from home is not shared or exchanged.

In addition, a list of all children's allergies and/or dietary restrictions will be posted in all cooking and serving areas.

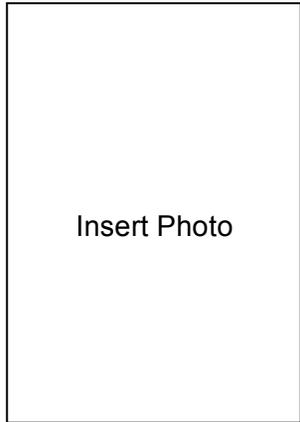
The risk of accidental exposure to a food allergen can be significantly diminished by means of such measures. Given that anaphylaxis can be triggered by minute amounts of an allergen when ingested, children with a food allergy must be highly supervised and encouraged to follow certain expectations:

- Wash their hands before and after eating
- Not to share food and utensils

Policy Updated: August 21, 2018



GNAG Life Threatening Allergy Alert Form



Participant's Full Name: _____ Age: _____

DOB: ____ / ____ / ____ Health Card No: _____

(Day / Month / Year) Programs with

GNAG: _____

This child has a life threatening anaphylactic allergy reaction to:

_____ Taste Touch Smell

_____ Taste Touch Smell

_____ Taste Touch Smell

Common signs of an anaphylactic reaction:

- Flushing
 - Tingling of lips and mouth
 - Itching eyes, nose, face
 - Swelling of eyes and face
- Hives
 - Vomiting
 - Weakness and dizziness
 - Swelling of throat
- Inability to breath
 - Loss of consciousness
 - Wheezing
 - Diarrhea

Emergency Contacts

Parent 1

Name: _____ Relationship: _____

Phone (H) _____ Phone (W) _____ Phone (C) _____

Parent 2

Name: _____ Relationship: _____

Phone (H) _____ Phone (W) _____ Phone (C) _____

**TERMS AND CONDITIONS FOR GNAG STAFF TO ADMINISTER, SUPERVISE THE
ADMINISTRATION OR STORE PARTICIPANT MEDICATION
PLEASE READ CAREFULLY**

1. I agree to provide GNAG staff with:
 - All non-prescription medication in its original container dated and labeled with the clients name. I understand that GNAG staff has the right to ask for a physician's order before agreeing to administer, store or supervise the administration of non-prescription medication.
 - All prescription medication in the original container dated, labeled and supplied by the pharmacist. The label will contain: the participant's name, the physician's name, the name of the medication, the dose, the medication route, the schedule for administration and instruction for storage.
 - One current photograph if there is a requirement to administer emergency medication, i.e. Epipen®. I understand that the photograph will be affixed to the Allergy Allert form.
2. I understand that GNAG staff may refuse to administer, supervise the administration or store medication where the labels on the medication container(s) do not contain all the information specified above.
3. I consent to the Emergency Action Plan, outlined on page one.
4. I understand that not all GNAG staff participating in medication administration are trained health professionals and that the administration of medication is being provided by or, on behalf of GNAG, on a purely voluntary and gratuitous basis. As the participant or Parent/Legal guardian of the Participant/Client receiving medication, I fully understand the nature and extent of the risks involved in administering medication.

I confirm that I have read and understood and completed this agreement. I am aware that by signing this agreement I have agreed to assume full legal liability for all risks involved in having GNAG administer medication under the provisions of this agreement to the named participant.

I authorize GNAG to (Please check the appropriate box):

- Supervise the named participant in the administration of his/her own medication.
- Administer medication to the named participant.

Name of Participant or Parent/Guardian (if participant is under the age of 18)

Signature of Participant or Parent/Guardian (if participant is under the age of 18)

Date: _____ / _____ / _____
MM DD YYYY